

Name: \_\_\_\_\_

Class Period: \_\_\_\_\_

Score: \_\_\_\_\_/15

*Directions:*

- The test is to be completed in **30 minutes**
- Circle the most appropriate answer onto the written assessment
- To change answer, put an X through incorrect choice and circle correct answer
- **Go to File > Make a copy to edit.**
- Good luck!

**1. To increase the success for ventilating a patient what technique is best?**

- a. using a pocket mask
- b. using a modified jaw thrust
- c. ensuring proper head tilt/chin lift is used
- d. ventilating 30 times per minute

**2. The AED should be used for a patient who is:**

- a. motionless
- b. breathless
- c. colourless
- d. all of the above

**3. The proper surface to perform CPR is:**

- a. waterbed
- b. reclining chair
- c. floor/ground
- d. shallow end of a swimming pool

**4. What is the correct rate of compressions/ventilations for all ages and how many minutes of CPR should you be doing?**

- a. 15-1 for 1 minute
- b. 30-2 for 2 minutes
- c. 200-2 for 2 ½ minutes
- d. 5-1 for 30 seconds

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**5. What preparation is required before putting pads on the patient?**

- a. remove all clothing covering the chest, wipe off water or moisture, clip/shave hair (if excessive)
- b. measure the distance from the patient's left collar bone to his/her breastbone.
- c. moisten the pads so they adhere to the patient's chest better.
- d. call for help

**6. When signs of life are restored after defibrillation you should?**

- a. check for pulse and take blood pressure
- b. elevate patients head, neck and shoulders and monitor patient
- c. if conscious, help patient find a position of comfort
- d. a and c

**7. What technique do you use when providing ventilations to an infant?**

- a. sniffer position
- b. up-stroke position
- c. CPR position
- d. none of the above

**8. What depth should you compress an adult's chest?**

- a. 7 cm
- b. 4 cm
- c. 5-6 cm
- d. 6.5 cm

**9. When using the defibrillator on an infant/child or child (25kg or less) what is the appropriate pad placement?**

- a. 1 pad on front of chest and 1 pad on back
- b. place the pads exactly as shown on the AED pad case
- c. none of the above
- d. both A and B

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**10. When using the defibrillator on an infant/child or child (25kg or less), how do you change the settings mode from adult to infant/child?**

- a. you don't have to
- b. insert the pink pediatric key into the slot at the top of the AED
- c. if there is no pediatric key, use the infant/child pads
- d. both B and C

**11. How do you landmark on an infant's chest to perform CPR?**

- a. find the center of the infant's chest, place 2 fingers below the nipples
- b. use the landmark as you use for an adult
- c. place 4 fingers in the center of the infant's chest
- d. none of the above

**12. What is the appropriate technique to use on an adult that is responsive and choking?**

- a. provide CPR
- b. ask the adult to lay down
- c. put the adult in the recovery position
- d. provide 5 back blows, followed by 5 abdominal thrusts

**13. During COVID-19, which of the following is the best practice for providing CPR:**

- a. provide 30:2 (30 compressions and 2 breaths) for 2 minutes
- b. lay a cloth/towel over the patients face, do not provide ventilations, only compressions
- c. do not provide CPR
- d. none of the above

**14. If you see that someone is unconscious in the gym at your school, before entering the scene, what should you do?**

- a. check for fire, electrical wire, gas, glass, water and ensure it is safe before you to enter the scene
- b. run into the gym and begin providing CPR
- c. ignore the patient
- d. call 911

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**15. What position should you put a patient who is unresponsive and breathing?**

- a. head-tilt-chin-lift
- b. the sniffer position
- c. the recovery position
- d. leave them lying on their back